

Physical Education (PE) Policy

Leasingham St. Andrew's Church of
England Primary School

'Everything you do, do in love'



Reviewed and updated: February 2025

Next review: February 2028

1). Rationale and Principles

“A high-quality physical education curriculum inspires all pupils to succeed and excel in competitive sport and other physically-demanding activities. It should provide opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect.” The National Curriculum

This policy aims to outline the purpose, nature and management of the physical education taught in our school.

Through the teaching of physical education, we aim to reflect and live-out the vision of Leasingham St. Andrew’s Church of England Primary School.

Everything you do, do in love’

At St. Andrew’s, we seek to be a safe and happy environment, inspiring our school family to be positive participants in the world community. A place where we are all encouraged, through love and service, to be the very best.

John 13:34 ‘Love one another, as I have loved you’

We aim to demonstrate the following ‘golden threads’ through the subject of PE.

- High aspirations permeate across the school.
- The school offers a host of cultural experiences and enrichment opportunities.
- Our children develop a love of life-long reading.
- British Values are an intrinsic part of the school.

2). Intent

At St. Andrew’s, we recognise that physical activity and sport are essential parts of a child’s everyday life and are a key factor in their future well-being. We want every child to find enjoyment in physical activity and aim to provide them with a wide range of opportunities so that they can discover the right kind of activity for themselves and experience the benefits that an active lifestyle can provide. We aim to present them with opportunities to compete against themselves and others, work in partnerships and teams, build self-confidence and perseverance and the real sense of achievement that this particular aspect of a child’s education can provide. A key part of this will be to engage their enthusiasm and provide them with the necessary skills and experiences in order for the children to be in the best position possible to further engage in physical activity and sporting opportunities as their educational and life journey continues beyond this establishment. Our aim is to prepare and support pupils towards healthy and active lifestyle choices for their future mental and physical well-being.

A key part of our aim is to provide the children with a broad and balanced curriculum within physical education and to provide the opportunities for the children to play in festivals and compete over a wide range of events. In doing so, we aim to teach the children to follow the conventions of fair play.

The aims of Physical Education at our school are that all children:

- adopt an active lifestyle and understand the benefits it provides
- develop a range of sporting skills across the national curriculum, including swimming
- are physically active for sustained periods of time
- engage in a range of competitive sports and activities
- lead healthy, active lives
- understand the importance and effect of exercise and being healthy
- develop a sense of fair play and a sporting attitude
- enjoy sporting activities and have fun, developing resilience and perseverance

3). Implementation

At St. Andrew's Primary school, PE is taught twice weekly, within Key stages 1 and 2, where a positive attitude to PE is created and expectations reinforced that all children can achieve success in PE. The subject is delivered by qualified teachers who are non-specialists, but all staff work closely with the Carres Outreach team who are experienced in a range of sports, and we do value staff CPD opportunities as a key part of the ongoing progression of the subject.

We teach lessons so that children:

- have fun and enjoy PE and being active
- learn, practice and secure a range of skills and tactics
- experience success and gain self-confidence
- develop good sporting attitudes
- understand basic rules and keep to them
- experience positive competition
- learn in a safe environment
- have a foundation for life-long physical activity, leaving primary school as physically active

4). Impact

Physical education is taught as a basis for life-long learning. We believe that a successful physical education curriculum, where children have access to a range of activities and have a positive, successful experience will then create children who will continue to have a physically active life. They will also have a good understanding of what a healthy, active life is like and the benefits of leading one.

Opportunities to compete in sport and other challenging activities will build character and help embed values such as fairness, respect and teamwork. Children should be prepared for the next step in their learning and life journey and in a position to participate fully in sporting and active opportunities in education and beyond.

5). Role of the Subject Leader

At Leasingham St. Andrew's Church of England Primary School, the role of the physical education subject leader is to ensure that children make sufficient progress through each year group, acquiring and applying key knowledge. This will be achieved by:

- Securing high quality teaching.
- Ensuring that planning meets the requirements of the school's agreed curriculum.
- Monitoring the effective use of resources.
- Having oversight of curriculum coverage and ensuring that the curriculum meets national requirements.
- Developing assessment and record keeping, ensuring progression and continuity.
- Ensuring that colleagues are aware of expectations and supporting them in teaching the subject through the progressive and sequenced curriculum map.
- Action planning for future development.
- Ensuring that appropriate resources are in place to deliver a rich and challenging curriculum.
- Monitoring the effectiveness of teaching and the impact on learning and standards.
- Evaluating and summarising all aspects of the subject to define next steps for improvement.
- Keeping abreast of development in subject education and media usage.

6). Assessment

At Leasingham St. Andrew's Church of England Primary School, we assess the children's work in physical education by making informal judgements as we observe the children during lessons. At the end of each long term (Autumn, Spring and Summer), teachers will make a judgment as to whether each child is on track for end of year expectations, as outlined in the physical education curriculum map. This is recorded on the school's online assessment system, Insight. Judgements are as follows:

- Below
- Just Below
- On Track
- Greater Depth

7). Physical Education and ICT

At Leasingham St. Andrew's Church of England Primary School, ICT plays an integral part in the teaching and learning of physical education. Clear links to ICT are made in planning and every opportunity to explore links with ICT are used.

8). Early Years Foundation Stage (EYFS)

In Reception, PE is taught as an integral part of topic work covered in the EYFS setting. In the EYFS, PE is about the children having the opportunities to find out and learn about good control and co-ordination in large and small movements. Children will also learn the importance of good health, physical exercise and a healthy diet as well as talking about ways to keep healthy and safe.

We recognise the importance of physical development in the Early Years Foundation Stage as a key area of learning. There are two strands under Physical Development: Moving and Handling and Health and Self-care

Children in the EYFS have time and the space to enjoy energetic play daily in the outdoor learning area. The children also access specific physical development through timetabled PE lessons in Reception (in preparation for Year 1) which give the children the opportunity to

learn and practice fundamental movement skills. They participate in activities where they can practice moving in different ways and at different speeds; balancing; rolling; throwing balls and bean bags; catching and kicking.

9). Differentiation including catering for children with Special Educational Needs

At Leasingham St. Andrew's Church of England Primary School, we aim to encourage all children to reach their full potential in physical education through the provision of varied opportunities and responding and adapting our teaching to the children's individual needs. We recognise that our curriculum planning must allow children to gain a progressively deeper understanding and competency as they move through our school. Children with specific needs, such as those in receipt of an Educational Health Care Plan (EHCP) will work on outcomes suited to their own abilities.

10). Equal Opportunities

At Leasingham St. Andrew's Church of England Primary School, all children will be given equal access to physical education irrespective of race, gender and creed, level of ability or nationality. Mutual respect and tolerance for all cultures will be promoted through the study of physical education.

11). Resources

At Leasingham St. Andrew's Church of England Primary School, all Physical education equipment is stored in the PE cupboards in the hall and outside container. These areas are locked and should only be accessed by staff and trained sports leaders. Staff are advised to inform the PE lead of broken, damaged or lost equipment so that replacements can be ordered. To enable easy access, the PE cupboards are to be kept neat and tidy with resources returned to their labelled area after use. Resources are audited regularly and reviewed through discussion with teachers.

12). Monitoring and Evaluation

To monitor and evaluate physical education, the subject leader:

- *Supports teachers via explaining the progressive curriculum map, discussing the key concepts in physical education, co-planning, team teaching, observing and giving feedback.*
- *Monitors teachers' medium-term planning against the progression contained in the curriculum map.*
- *Reviews resource provision.*
- *Works co-operatively with the SENDCo*
- *Reviews the progress with implementing this policy in the school with the Headteacher and/or subject governor.*

The school's governor monitoring programme includes monitoring of individual subjects by governors, to support and challenge the subject leaders.

13). Disability and Equality Statement

This policy has been written with reference to and in consideration of the school's Disability Equality Scheme. Assessment will include consideration of issues identified by the involvement of disabled children, staff and parents and any information the school holds on disabled children, staff and parents.

Any questions or concerns regarding this policy should be made to the Headteacher.

14). Health & Safety

The importance of safety in physical education is stressed immediately when pupils enter the school and pupils are continually reminded of the need to look after themselves and others whenever they are participating in physical activity, sport or playing in the playground. Planning includes opportunities for explicit teaching of safe practice, particularly in potentially dangerous areas like the swimming pool, hall and playground. Teachers and pupils help to identify possible hazards in lessons. Teachers discuss with pupils how much risk the hazard is and what can be done to reduce the risk. As a school we will use Lincolnshire's County Council Health and Safety Guidance.

15) Physical education kit

- House t-shirt
- Red hoodie
- Black or grey shorts (please avoid very short shorts and longer three-quarter length versions)
- Black or grey jogging bottoms
- Plimsolls or trainers suitable for indoor and outdoor P.E.
- A one-piece swimming costume, trunks or sensible shorts
- PE bag (please avoid large bags due to space in the school)

All jewellery must be removed for P.E. lessons. Earrings must not be worn for P.E. and must be taken out by the child ahead of the lesson. We cannot apply tape to cover earrings. Football kits are not part of school uniform and thus should not be worn for curriculum activities.

Please ensure that all uniform items are clearly labelled with your child's name.

Sweatshirts, cardigans, P.E. bags, baseball caps, T-shirts in house colours, fleeces and PE hoodies for outdoors, with the school logo on, are available to order. This can be processed online through Nationwide School Uniforms at: www.nationwideschooluniforms.co.uk

Items for sizing are available in our school office. In addition to this, second-hand uniforms are available for parents to acquire. For more information on second-hand uniforms, please contact a member of staff in the school office on enquiries@st-andrews.lincs.sch.uk

Hair should be of a suitable style and natural colour. Extremes of hairstyles are unacceptable. Nail varnish and make-up is not allowed.

Outdoor coats should be suitable and sensible and should not be worn inside school.

Shoes should be of a sensible, conventional style. Trainers are not acceptable, except for P.E. lessons.

16) Missing physical education

Children should take part in physical education wherever possible. If a parent feels a child is unable to take part, then a letter/email or a phone call should be received by the school explaining why. The child should then, if possible, observe and support with roles during the lesson so they are aware of and understand the learning taking place for future lessons.

17) Accidents

If an accident occurs, appropriate first aid will be applied, and the incident will be logged on Medical Tracker. Usual school accident and first aid procedures will be followed with regards to notifying parents.

18) Extra-Curricular Learning

A range of activities are offered outside of the curriculum to both key stages. Some of these are led by school staff while others are led by visiting coaches. These can include before school, lunchtime or after school opportunities. We look to provide a wide range of sporting opportunities and experiences and recognise the value this has in promoting healthy lifestyle choices. We also see this as a key goal in providing the opportunity for children to explore different sports and finding the sports and activities which appeal to them.

19) Swimming provision

All Key Stage 2 children attend swimming lessons at Sleaford Leisure Centre. Each class participates in 5 lessons a year. Lessons are taught by specialist swimming instructors who assess the children at the start and end of the swimming course. Many of our children will access further extra-curricular activities to enhance the work that goes on in curriculum time. As a result of the unique and specialised learning environment, we work with a range of outside professionals to ensure our children have access to further opportunities for quality physical education provision.

20) Coaches

At Leasingham St. Andrews we use coaches from Carres Outreach Team to support and upskill teachers as well as providing extra-curricular opportunities. All coaches are DBS checked as well as having their sporting qualifications checked by the school.

21) Competition

The school hold various competitions throughout the school year. We also take part in a range of competitions and leagues throughout the year against other local schools. We do look to provide as many competitive opportunities as possible and see the value in introducing the children to a wide range of different sports and sporting experiences.